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**Career Development and Goal Setting**

**Employability Skills**

**Module 5 - Career Development and Goal Setting**

 **CBSE**

**✔ What is Career Development?**

Career development is the process of planning and improving your skills, education, and experience to reach your dream career.

It means:

- Thinking about what you want to become in the future (doctor, teacher, designer, entrepreneur, etc.)
- Planning the steps needed to reach there

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**🎯 What are Goals?**

There are two main types:

Type of Goal	Meaning	Timeframe
Short-Term Goals	Things you want to achieve soon	Next 1-2 years
Long-Term Goals	Things you want to achieve in the future	Next 5-10 years or more

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**📄 What is a Career Development Plan?**

It is a written plan that includes your **goals**, **skills needed**, **education/training required**, and the **steps** you'll take to build your career.

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**📄 Example: Student Career Development Plan**

Let's say a Class 12th student wants to become a **Software Engineer**:

**🎯 Short-Term Goals:**

- Score 85%+ in Class 12 board exams
- Prepare for entrance exams like JEE or CUET
- Learn basic coding (e.g., Python or C++) online
- Attend a computer science webinar or workshop

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🎯 Long-Term Goals:

- Get admission into a good engineering college
- Do internships during college to gain experience
- Get a job in a tech company like Infosys, TCS, or Google
- Learn advanced skills like AI or data science

💡 Real-Life Situations to Understand Career Planning

◆ Situation 1: Student wants to become a Chef

Short-Term Goals:

- Learn basic cooking at home
- Attend a short cooking course
- Watch YouTube videos on recipes

Long-Term Goals:

- Join a hotel management course
- Train under a professional chef
- Open your own restaurant one day

◆ Situation 2: Student wants to join the Army

Short-Term Goals:

- Improve physical fitness (run daily, exercise)
- Focus on Class 12 studies
- Prepare for NDA (National Defence Academy) exam

Long-Term Goals:

- Clear the NDA exam
- Complete training at the academy
- Serve as an officer in the Indian Army

◆ Situation 3: Student wants to become a Fashion Designer

Short-Term Goals:

- Improve drawing and sketching
- Learn about fabrics and colors

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- Research best fashion design colleges

**Long-Term Goals:**

- Get into a top institute like NIFT
- Work under a designer or fashion house
- Launch your own fashion label

**Tips for Setting Good Goals (Use SMART Formula):**

Letter	Meaning	Example
S	Specific	I want to become a web developer
M	Measurable	I will complete 3 online coding courses
A	Achievable	I will study 2 hours daily
R	Relevant	Coding skills will help my career in tech
T	Time-bound	I will finish this within 6 months

**Assignment**

1. What is the main purpose of a career development plan?

- A) To keep a record of your school marks
- B) To plan and improve skills, education, and steps for your dream career
- C) To compare your career with others
- D) To avoid doing hard work

2. Which of the following is a short-term goal for a Class 12 student who wants to become a software engineer?

- A) Getting a job at Google
- B) Learning advanced artificial intelligence
- C) Preparing for JEE or CUET entrance exams
- D) Completing a college degree

3. What does the “T” stand for in SMART goal setting?

- A) True
- B) Time-bound
- C) Tough
- D) Talent

4. Which of these students is working on a long-term goal?

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- A) A student practicing cooking at home
- B) A student preparing for NDA exam
- C) A student joining a hotel management course after Class 12
- D) A student watching career videos on YouTube

5. In career planning, which of the following is an example of a real-life goal for someone wanting to join the Army?

- A) Learning drawing and fashion trends
- B) Preparing for NDA and improving physical fitness
- C) Learning programming languages
- D) Practicing public speaking for politics



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